

# TERM 4 NEWSLETTER 2017

**EARN & LEARN** - We would like to thank the families and staff that helped collect stickers for the Woolworths Earn and Learn program. We were able to collect 4,500 stickers which is a great effort for our small centre. We will keep families updated in next year's newsletter on what cool resources we were able to redeem.



**WORKING BEE** Working bees are important to ensure the centre (both inside and out) is maintained and also is a great way to contribute directly to the centre and to get to know other parents and families. A reminder also that if you attend a working bee throughout the year **you will receive your \$50 maintenance fee back** to your child's account for your contribution to the day.



**The next Working Bee will be Sunday 26<sup>th</sup> November from 9am – 11am.** Be sure to keep a look out for the poster on the front door a week prior to the date to sign up as attending.

**HOLIDAY CLOSING DATES** Families are reminded that the centre will be closed over the Christmas season from Friday **22<sup>nd</sup> December 2017** till Friday the **12<sup>th</sup> January**. We will therefore **reopen on the 15<sup>th</sup> January**. Please also take note that the centre will also be closed on the Australia Day public holiday on Friday 26<sup>th</sup> January.



**FAREWELL GURPREET** The Centre Kindergarten Teacher Gurpreet is moving to the country, this means that Gurpreet will be finishing up with us on the 13<sup>th</sup> of November. We wish Gurpreet all the very best in her new adventures and thank her for all her hard work.

The Centre has already began looking for a new and suitable candidate to commence in the new year.

**CENTRE WEBSITE** - [www.nkcc.org.au](http://www.nkcc.org.au)

Have you visited the centre website? Did you know we have a **Quick Links For Families** tab that has helpful information. Why not check it out!



## **CHRISTMAS END OF YEAR PARTY**

Come along and help celebrate the end of year with a party at Numdaji Kwei Children's Centre. The Night will include: BBQ Sausage Sizzle, Face Painting, An Exclusive Visit From Santa, A Special Children's Concert, Kinder Graduation, Hamper Raffle and more



**Friday 1<sup>st</sup> December - At The Centre**

**From 6.15pm- 8.15pm**

**CHRISTMAS HAMPERS** - Christmas Hampers are one of Numdaji Kwei's main fundraisers each year. Hampers are made up from family and community donations- then our team bundle them up into beautiful hampers. Each family will be given a pack of 10 raffle tickets, which we kindly ask that you sell/purchase them for **\$3 each**- any unsold tickets please return to the centre but we do really hope you can sell them all



**So please be sure to make a generous donation in the coming weeks to our Hamper Donation Basket to support Numdaji Kwei in purchasing children's resources for 2018.**

!!!! Do you or someone you know happen to work for a business or company that may want to give back to their local community by making a donation to our Christmas Hampers? If so please see the office.

Children begin developing emotional skills from birth. Emotional skills include being able to recognise, express, understand and manage a wide range of feelings. These skills are important for children's developing ability to interact successfully with others and their physical world. Children who can understand and manage their feelings, stay calm and enjoy their

experiences, are more likely to develop a positive sense of self and be confident and curious learners.

**What parents and carers can do**

- Be a role model for your child - show them that having difficult feelings is part of everyday life and show them how to deal with them (e.g., "I'm feeling really tired and I think I need to have an early night.").
- Try to understand the meaning behind your child's behaviour and respond accordingly (e.g., when a baby cries, they are generally letting you know that they need something).
- Make talking to your child about feelings a normal part of every day. You can do this by naming feelings in yourself and others, and encouraging your child to do the same.
- Encourage your child to express his or her emotions in healthy ways, such as talking about sad feelings or saying why they may be feeling angry and helping them to become calm (e.g., by being still for a few moments) and move on to more pleasant activities.
- Be as warm, caring and responsive towards your child as you can - children learn to recognise your usual way of responding which is built up over many interactions so it's important to keep in mind that you don't have to be perfect all of the time.
- Remember that children are affected by the feelings, behaviours, and interactions of others - it's important to monitor your own wellbeing and ask for help and support when you need it so that you have the energy to be there for your children including showing 'feel good' emotions such as happiness, joy, enthusiasm and excitement.

*'The emotional life of the toddler'* (1995) by Alica F. Lieberman, Simon & Schuster, is a book for parents and child care staff providing information and practical advice on developing children's emotional skills.

**ATTENTION FAMILIES – IMPORTANT SAFETY MESSAGES**

**DRIVE WAY IS ONE WAY** It has come to the centres attention that some parents have been using the wrong entrance into the service. For the safety of the centre families and the community please ensure you are entering your vehicle through the correct entrance point only.



**THE FRONT PURPLE GATES-** The Purple gates out the front of the centre seem to be attracting some of the children's attention lately, where they are shaking them to hear the rattling noise they make. Unfortunately, this is damaging the bolts and threads that hold the gate together and cannot be retightened. For the safety of the children and the care of the building we ask that parents ensure that their children **DO NOT SHAKE THE GATE**. We also recommend that families hold their children's hand when walking to and from the centre and remind families that the entrance/driveway is shared with vehicles and that unfortunately as we have mentioned above vehicles are sometimes driving up the exit point.



## *Nursery Room Newsletter*

*Term 4 2017*

### **A message from the educators**

The year has flown and we are coming to the end of another fantastic year in the nursery room. The children and the educators have created some meaningful relationships with one another and it will be sad to say goodbye at the end of the year. We would like to thank the parents for collaborating with staff to help meet each child's individual needs. Together we have achieved memorable milestones and created many positive outcomes.

We wish our families safe and happy holidays and we hope to see you all back next year!

### **Reminders**

As the hot weather approaches we kindly ask that parents dress their children in weather appropriate clothing and/or supply extra clothing in their bag. The children will also be participating in water play activities on warm days so changes of clothing may be needed.

If your child is going to absent or in late please notify the centre in the morning. This is to ensure whether or not we save lunch for your child.

### **Upcoming events**

We have a busy term ahead with plenty to do and lots to see. We will be celebrating Children's week with a different event each day. We will also be partaking in an incursion of a puppet theatre. Also don't forget our end of year Christmas party that will be held at the centre, provided with food, drink and entertainment. All these events and dates are on our calendar of events so please keep an eye out as we would not like for your child to miss out on anything.

### **Past events**

We had a fantastic term 3 with lots of happenings and events that children enjoyed participating in.

Thank you-

Sofia and Alex

## *Toddler Room Newsletter*

*Term 4 2017*

*Hello and welcome*

This will be the last newsletter for the year and we would like to take this opportunity to wish all our families a very merry Christmas and a safe and happy holiday.

For the rest of the year we will be having a big focus on toilet training the children that are not already toilet trained and will be working on expanding the children's self-help skills and independence.

During term 3 the children have been busy again making special gifts for their fathers for father's day and we had lots of lovely conversations about their fathers. We have completed lots of lovely art pieces to represent different special days. They made marble painting hearts for RUOK day and door hangers for Mid-Autumn festival.

For footy day the children helped to paint cardboard tubes to use as goal posts and Stacey's son Noah came along and held a footy clinic with the children on the day, the children love having Noah visit.

We have children's week coming up and a calendar of events will be displayed on the door to the room.

For the rest of the year we will be having lots of outdoor play, and this will help support the children to develop relationships with the kinder room educators as well as the children that will still be here next year. We will also be having orientations for the children to spend time in the kinder room to familiarise them with the room in preparation for 2018.

This term we said a farewell to Neo who has moved across town and welcomed Elaina who has joined us from the nursery room as well as Cindy. We have also seen Chelsea and Celina move up into the Kinder room.

Thank you from Karen, Ashleigh, Stacey and Jadranka

## *Kinder Room Newsletter*

*Term 4 2017*

Hello and welcome to the last newsletter of the year. This term will be a busy term with running our school readiness program for the children going to school next year and rehearsing for our Christmas concert. In term 3 we sadly said goodbye to Oscar and Kuby who moved to new suburbs to be closer to family and to go to a new school but on a happier note, we welcomed Sophia who's new to the centre and also welcomed Celina and Chelsea who have moved up from the toddler's room. We would also like to wish all our families a Merry Christmas and a safe new year.

**Sun smart hats, clothing and shoes-** Now that the warmer weather is fast approaching please remember to bring a clearly labelled sun smart hat for your child to wear. Also think about how many layers of clothing you have on your child. Sometimes in the morning the weather maybe a bit colder but it soon heats up and we don't want your child over heating throughout the day due to too many layers. The room's temperature is kept at a comfortable 21 degrees. We also ask that your child wears the appropriate footwear for outside play. No open toe shoes. These shoes make it hard for the children to climb on the obstacle course and can get caught and cause your child to trip and fall. So please remember to only wear closed shoes or sandals.

**Home Toys-** We kindly ask that you leave all home toys either at home or in the car. Educators will not be held responsible for lost or broken toys or try and chase up lost toys. We have lots of toys and activities in the kinder room for your child to explore and play with. Your child has a special Show and Share day where they can bring in something from home to share with their friends at childcare.

**Kinder Children's Graduation-** Kinder Graduation is held as part of the End of Year Christmas Party. The graduation will follow after the children's Christmas concert. **PLEASE NOTE: Only children who use Numdaji Kwei as their 4-year-old funded kindergarten program will be graduating and receiving a certificate.** This also applies with the school transition statements. If you have any questions or concerns regarding this, please feel free to speak to either Gurpreet or Tania.

### **Term Goal**

This term we will be focusing on:

- Preparing our school readiness program

- Running our lunchbox program which promotes children's independence
  - Encouraging correct pincer grip for writing and correct scissor grip
- Reading books and talking about what will happen at school and preparing children for their school transitions.

**Science Experiments-** During the middle of term 3 we noticed that the children were becoming more curious in their environment and were starting to ask a lot of "why" questions, so to extend on this interest we decided to do a science experiment each week to challenge the children's thinking and use some reflective thinking to consider why things happen and what we can learn from these experiments. Our first experiment was making rainbow foam. We looked at what would happen if we mixed two chemicals together (bi carb soda and vinegar) with some food colouring. We created rainbow foam. This was definitely a highlight for the children. We then looked at how salt reacts to ice and can make it melt. We then moved on to water and salt absorption and the children loved this experiment as when the coloured water hit the salt it spread out like a snowflake. Staying with water absorption we learnt how paper towel can absorb coloured water and then mix together to create a new colour. We then took our experiment outside where we looked at a pendulum swing, using the force of going back and forth to do a painting. Our next experiment was seeing what would happen if we mixed water and baby oil together. Most children thought that the coloured water would mix together and were greatly surprised when the water created coloured water beads in the oil. Our current experiment is looking at germs and why it's important to wash our hands after we've been outside playing and before eating.



### **Past Events**

***Indigenous Incursion:-*** On Thursday 4<sup>th</sup> August we had our Indigenous Incursion on Kinder Dreaming. We were lucky enough to have "Pancakes" come along and play his didgeridoo for us and showed us how to dance like Australian animals. We also got to listen to the wind sound that the didgeridoo made, it's like the sound you hear when you put a shell to your ear and you can hear the ocean.

***Father's Day breakfast:-*** On Friday 1<sup>st</sup> September we had our Father's Day Breakfast. It was great to see some of our dad's come along and enjoy breakfast with their child. Thank you so much for coming along and creating a beautiful memory for your child.

***R U OK Day?:-*** On Thursday 14<sup>th</sup> September we support R U OK Day? Which was a day to raise awareness for mental illness in adults and also in children. Many children dressed in yellow and the children made some yellow painted butterflies.

***Footy Colour Day:-*** On Thursday 28<sup>th</sup> September we celebrated Footy day. Children dressed up in their favourite footy team colours, they had their face painted and took turns in hand balling the ball into a target. Marina showed the children how to handball and the children really enjoyed the challenge of trying to get the football through the hole.

***Mid-Autumn Festival:-*** On Wednesday 4<sup>th</sup> October the kinder children celebrated the Mid Autumn festival by making and decorating moon cake boxes. The children happily spoke about how they enjoy eating lots of moon cake and spending time with their family and friends.

If you have any questions or would like to add something to our program please feel free to speak to either Tania, Gurpreet or Cecilia in the room.